THE SIREN

The Barony of Stromgard Newsletter **June 2020**

LETTER FROM THE BARON AND BARONESS

Greetings Stromgard , We hope that you are all staying healthy and keeping safe in this time of plague. We want to make sure everyone is aware that there will be more changes to the Stromgard event schedule. Our Seneschal will be addressing this in his report. At this time the Crown and Kingdom are not permitting any SCA activities, but this may change as the health situation improves. Safety will be our first concern when we are allowed to gather again, and Stromgard will follow all safety rules and guidelines issued by the State of Washington and the Kingdom for group gatherings. In other news, the coronets have been delivered to Master Sir Torfin for a tune up, and any needed repairs. He is a skilled artist, and we appreciate him taking this commission on. Last, but not least, we ask our populace to send us award recommendations for those that you have seen shine in this time of darkness. We wish to recognize these good gentles when we are able to hold court again.

In Service,
Duncan, Baron of Stromgard
Moira, Baroness of Stromgard



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Heraldry Terms

B H M S D C E W A F M A S L V B O M V P
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Sinister
Dormant
Charge
Gules

Purpure
Blazon
Device
Azure

Sergant
Argent
Armory
Sable

Rampant
Dexter
Rising
Vert

Education.com

Build your own custom worksheet at education.com/worksheet-generator

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MONTHLY RECIPIE

How to Make a pudding in a Turnep Root "A Book of Cookrye"

(*A Book of Cookrye*, Gathered by A.W. printed 1591 London Transcribed by Mark & Jane Waks)

THANKS TO CEARA INGEN CHONAILL



Original Translation:
Take your Turnep root, and wash it fair in warm water, and scrape it faire and make it hollow as you doo a carret roots, and make your stuffe of grated bread, and Apples chopt fine, then take Corance, and hard egges, and season it with Sugar, Sinamon, and ginger and yolkes of hard eggs, and so temper your stuff, and put it into the Turnep. Then take faire water, and set it on the fire, and let it boyle or ever you put in your Turneps. Then put in a good piece of sweete butter, and Claret wine, and a little Vinagre, and rosemarye, and whole mace, Sugare and Corance, and dates quartered, and when they are boyled enough: then will they be tender. Then serve it in.

In *To the Queen's Taste*, published 1976, by Lorna Sass, she says:
"Most puddings in Elizabethan England had two 'ends', since they were boiled in hogs' guts and served as sausages. But intestines were difficult to clean and troublesome to fill, so inventive cooks saught more practical containers: hollowed out carrots, cucumbers and turnips during the Renaissance and in later years, the cabbage leaf."

My Translation:
Take a turnip root and wash it well. Scrape off the root hairs and cut the bottom flat. Then hollow it out. Make a stuffing of finely chopped bread, chopped apples, currents, season it with sugar, cinnamon, ginger. Mix it up and stuff your turnip. Set it over the fire in a small pot, and boil it a while with wine, vinegar and butter along with rosemary, and mace.

*This recipe is a little confusing. The author adds hard boiled egg yolks twice, as well as the spices and currents. It also cooks things twice. This is what made it an adventure in cooking!!
Final Recipe:

Ingredients:
2 large turnips, 1 apple peeled, cored and chopped fine, 4 tbsp. butter, 2 cups rose wine, 1/4 cup vinegar,
1 sprig of fresh rosemary, 1/4 tsp. ground mace, 2 tbsp. currents, 4 dates quartered,
2 slices of fresh bread crumbled, 2 tbsp. sugar, 1 tsp cinnamon, 2 hard boiled eggs.

Combine 1 cups water in a shallow pan, add the wine, vinegar, rosemary, mace, 1 tbsp. of the currants and the dates. Allow to simmer and reduce in volume at low temperature while you prepare the turnips and the stuffing.

Take your turnips and clean them well on the outside. You can peel them part way down if you like. Cut the tops off and hollow them out, leaving at least 1/3" of bottom. This helps hold it together as well as a support for the stuffing.

To make the stuffing, combine one whole egg chopped and the extra yolk in a small bowl. Tear up the bread into small pieces, add your chopped apples, currents, sugar and cinnamon and mash together well but don't make a paste. If it seems to moist, add a little more bread.

Fill your turnips with your stuffing mix and place them in the sauce. Simmer until the turnip is done, basting occasionally with the sauce. Remove from the heat and serve with a little sauce on the top and along side the turnip.
Serves 2



Officers Reports

Seneschal : Ronan present—Written report

Greetings to their Excellency's, Baron and Baroness and populace of Stromgard,
Here is my May Seneschal Report.
As many of you may already be aware, we have made the decision to cancel Game of Thrones and StormGods. This was not an easy decision it mainly deals with a couple of issues. First, are location, Trogan Park is not expected to be open and what kinds of restrictions would be in place as far the number in attendance.
Moving forward we will need to be open and flexible in holding one day events as restrictions ease. This may look like a One day Archery tournament or Thrown Weapons tournament.
These can be conducted with attendance under 50 possible at a park. We will also need permission from their Majesties as well to resume events and baronial activities.
One thing we can do is show up in garb at Fort Vancouver to make our baronial Twist and Shout Video this Saturday at 2:00pm. Social Distancing will be required but it sure will be nice to see everyone.
Stay Safe,
Yours in Service,
Laird Ronan Mac an Leagh

Exchequer: Everild present. Written report.

The bank reconciliation is in the files section of the website.
The quarterly report was submitted on time.
The profit for Founding Revel is $19.69.
The basket auction made $430 and that goes to the travel fund

Respectfully Submitted,
Everild Bayte
Stromgard Baronial Exchequer

Chamberlain: Alexander present, written report

Nothing to report

Arts and Science: Hevli present, written report

Nothing to report

Herald: Yin Yun present, written report

Greetings to the populace, and their excellencies. I have sent in my quarterly reports on time. I've also been holding a Facebook live show I call Heraldry Chat! When and if I have the energy. Every Monday for 30 mins at 8pm, on the Stromgard Baronial discussion page. This show is a way for me, to teach others what I know. As well as improve my understanding of SCA heraldry. With the hopes that it educates and inspires others to dig into SCA heraldry.

Yours in service.
Yin Yun 陰雲

Scribe: Tatiana absent. Written report

Nothing to Report

Chatelaine: Dagmar absent, written report

Nothing to Report

Family Activities: Office open

Chronicler: Ragna present, written report

Greetings to their Excellencies and the populace. I uploaded the Siren late due to personal challenges so I apologize for any errors I may have made. I got my quarterly report in late. I will strive to be more on time with that in the future. Other than that, nothing to report

YIS
Ragna In Valska

Social Media: Penelope present, written report

Greetings to Their Excellencies and the populace of Stromgard. Not much to report. I have been posting interesting classes and information as I fine it. I will continue to do that for the duration.

Yours in service.
Penelope Viollet

Demo Coordinator Dagmar absent —

Nothing to Report

Gold Key: Kata present , written report

Greetings all. Currently nothing to report for gold key.

Yours in service, kata

(Continued on page 5)

Officer Reports Continued

Web Minister: Helvi present, written report

Nothing to Report

Knight Marshal: Elrin, absent — verbal report. fight practice report provided by Duncan

Nothing to report

Rapier Marshal: Chris absent— written report

Nothing to report

Archery Marshal: Feradach absent— verbal report.

Nothing to report

Thrown Weapons Marshall: Matthias absent, written report

Nothing to report

Cut and Thrust Refskegg present— written report

Nothing to report
Stay safe
Refskegg

Seargentry Constance absent— written report

Nothing to report

Lists Rostislav absent , written report

Nothing to report



Event Reports



Founding Revel

Nothing to report

Ithrapalooza

Nothing to report

Stormgod 2020

cancelled

Yule 2020

Still need an event steward. Nothing to report. Ragna offered to event steward if one is needed.



Attendance

Duncan Vitrarius, Moira Ramsay, Ronan Mac An Leagha, Everild, Helvi, Penelope Viollet, Ragna In Valska, Donatella, Yin Yun, Alexander Grayson, Sir Edward, GaeiRa Runfastsdottir, Alina of Folkstone, Furia, Refskegg, Kata, Peter Bates, Qara

Old Business

Proposed customary changes —

It looks like a couple of things will need to be added in the Champion section.

New additions:

VI. Section VI - Champions

1. A.

Should a Baronial Champion vacate their office before the end of their term as Champion the Coronet may appoint a Champion to fulfill those duties until a tournament can be held to determine the next Champion. The Champion appointed to the role will not keep the title once they have completed their tenure as Baronial Appointed Champion. Only those Champions who have won the post through competition will be granted the rights to hold the title thereafter.

3. G.

The StormThrower - The Champion of Thrown Weapons

This was unanimously approved by council

New Business

Coronet repairs— The coronets were taken to Bronze hammer and examined. They need some tightening and serious cleaning. some stones were broken, chipped and cracked. The pearls were plastic with a coating. For refurbishing and cleaning is $200 for the set. If we want to replace the broken and cracked stones it will be an additional $100. if we want to replace the fake pearls with real peals it will be an additional $150. total cost would be $450. The Baron is requesting two votes. One for replacement and cleaning for $300 and one to have the pearls replaced for $150. Sir Edward offered to donate some pearls to the coronet

Alexander suggested we vote for the whole amount instead of just breaking it up into two payments due to the lump sum being a great value

One payment was voted as the choice and was approved by council.

Games for Sargentry candidates— there are online resources for custom jeopardy type games. The Baron was curious as to if there was any interest in doing this.

Watch parties for candidates— Ragna and Yin Yun brought up the idea of finding ways to do a group watch party for the movies that are in the list for sargentry candidates. One program that was brought up was named Rabbit that allows people to connect to each other and do a watch party. It is now called KAST which is compatible with phones, tablets and laptops.

Charter painting— Now is a great time to contact the Scribe and see if there is any charters that need to be painted or penned. If the Barony is willing to help with postage they are willing to mail to people.

Announcements

No Announcements were made

Some things our community and others are doing online in these difficult times

Here are some links to different online activities and challenges being offered while we are social distancing and keeping everyone safe

An Tir Video Challenge

Artisans and Scientists of An Tir! We need your classes and demos for the An Tir YouTube Channel!! Rules: 1. No obscenity. 2. No denigrating remarks about yourself or anyone else. 3. The topic must be appropriate for the SCA. If it is something you would teach or demonstrate at an event or SCA social, it's a good topic

For more information go to https://www.antir.org/announcements/an-tir-video-challenge/?utm_source=rss&utm_medium=rss&utm_campaign=an-tir-video-challenge&fbclid=IwAR0B2q3XGiwIbI9toHeOSylrCNvOsXOHkEZAhadEB7XFkYVGqwrh42YkQag

To see the videos go to https://www.youtube.com/watch?v=NZCIWw0_tJk&fbclid=IwAR1w_fvhL1WU6U81X0D6Tsa_g4SeNsp2MA9VYERSdRxkrRm0hfpmqVxNbrY

Virtual An Tir

Virtual An Tir Facebook Group
https://www.facebook.com/groups/VirtualAnTir/

Resources during Coronavirus isolation

The Coronavirus is going to be with us for a while and since we're practicing social distancing for all the right reasons, here are some resources for eating, staying entertained and some ways to hang on to some zen. **Everything listed is a free resource unless specifically listed otherwise.**
https://quirkylenses.com/2020/03/16/isolation-entertainment-and-some-practical-matters/

JSTOR

During this time of distancing JSTOR has opened it site to everyone who wishes to do research instead of only college students. This is an academic library of academic journals, books and primary sources. A rich source of information. https://www.jstor.org/

Awards of The Barony of Stromgard

Orders and Honors

Potissimus Hippocampus
(Stromgard's highest Honor)
Awarded for extraordinary service to the Barony, continued involvement, encouraging others in their pursuits, epitomizing the aims of the society, and being the ideal to which all should strive. This is also a polling order of the group.
Granted a maximum of once per year.
The badge for this honor is: (Fieldless) A seahorse within and conjoined to an annulet engrailed on the inner edge argent.

Noble Company of the Swan
The Noble Company of The Swan recognizes those individuals who show true courtesy and grace in their everyday actions and behavior. This award is given in consultation with the members of the company.

Ullr of Lore
The Ullr of Lore recognizes those individuals who show excellence in persona development.

Eldhus
The Eldhus recognizes those individuals whom maintain a period encampment.
The token is traditionally a carved stone.

Service

The Order of the Bell and Chain
The entry level service award for the Barony.
The badge of this order is: (Fieldless) A chain in chevron inverted conjoined in pale with a hawk's bell Or.

Ordo Famuli
Granted to those who show outstanding service to the Barony over many years. A higher award than the Bell and Chain.
The badge of this order is: (Fieldless) A pair of hands appaumy wrists outwards maintaining between them a roundel argent.

The Stromgard Sand Dollar
Granted to citizens aged 13 – 18
who show maturity beyond their years and show continued exemplary service to Stromgard.
The badge of this award is a silver sand dollar pendant representing the future wealth of the Barony.

The Silver Sea Star
Granted to those gentles residing outside of the boundaries of Stromgard who have consistently helped Stromgard.
The badge of this award is: (Fieldless) An estoile within and conjoined to an annulet engrailed on the inner edge argent.

The Order of the Silver Sea Urchin
Granted to citizens under 12 years of age
that serve the Barony.
The badge of this order is: (Fieldless) A sea urchin contourny argent.

The O'brich
Granted to those individuals who overcome or solve the biggest problem at an event.
The badge is traditionally a heavy silver-colored chain.

Arts & Sciences

Amicus Musarum
Granted to those that encourage involvement in and personally excel in the arts and sciences.
The badge of this award is: (Fieldless) A gem ring argent gemmed gules.

Favors of the Coronet

Honor of the Seamar -
(The Baroness' Favor)
The badge of this award is: (Fieldless)
A quatrefoil saltirewise slipped Or.

Baron's Favor
A token as chosen by the granting Baron.

The Bunchberry
Awarded at the discretion of the Coronet to those who foster a sense of community within and outside Stromgard

Dragon's Gate
Awarded at the discretion of the Coronet to those who, in the eyes of the Coronet, have transformed in some way.
Principal of this recognition is Erik Daegarsson.

Shield Bearers of Stromgard
Given to those individuals that have aided the Barony in times of war
Principal of this recognition is Susanna Herst

If you know someone who is deserving of any of these recognitions, contact the Baron and Baroness with your recommendations.

Upcoming Events

(an attempt at period costume/garment is expected. If you don't have garb, inquire about Gold Key)

Due to COVID-19 All events and in person activities are cancelled. Please watch the Facebook page for virtual events and fun

To find out more information about the above events and many others happening throughout the Kingdom, go to http://www.antir.org/events/

Activities in the Barony of Stromgard – strictly virtual until May 10th

(period costume/garment is not expected during monthly activities and all are welcome)

Monthly Baronial Council Meeting— Due to Covid-19 meetings are being held virtually. Please watch the book of faces for details. *For questions or to confirm activity, contact*: John paul (Ronan Mac an Leagha)at Stromgard.seneschal@gmail.com — 503-929-9435

Stromgard Fighter Practice — Thursdays at 7:00 pm at private residence – 5111 NE 125th St Vancouver 98686. *For questions or to* confirm *activity, contact*: stromgard.marshal@antir.org or https://www.facebook.com/groups/256143011097207/ for Armored fighting

Rapier Practice — First and third Saturdays of each month. Look for a facebook event for location and time. *For questions or to* confirm *activity, contact*: Chris Perkins stromgard.rapier@antir.org or https://www.facebook.com/groups/696161364096256/

Archery Practice — On Hiatus for the winter. *For questions or to* confirm *activity,* contact Feradach (Vern Myers) at stromgard.archery@antir.com or https://www.facebook.com/groups/542609719249948

Thrown Weapons Practice — Thursdays at 6:00 PM in Orchards area. Contact Matthias von Schwarzenberg (Bud Clark) at harlenclark64@gmail.com or private message Bud Clark on Facebook for location address. Check on https://www.facebook.com/groups/542609719249948/ for updates or to confirm activity.

Arts and Science Nights – Tentatively on First and Third Tuesdays – 6:00-9:00 PM
Opportunity to work on Arts and Science projects. Private residence – 10712 NE 44th Street, Vancouver, WA. *To confirm activity or ask any questions*, contact Helvi (Robin) at stromgard.artsnsci@antir.org

Fighter Workshop – Saturdays depending on events and James' scheduled – Please RSVP
Open shop designed to help get and keep fighters in armor
For questions and on-going schedule – https://www.facebook.com/groups/364327937033071

Stromgard Cookery – Fourth Wednesdays – 6:30-9:00 PM. Opportunity to learn and cook medieval foods. For location, questions or to confirm activity - https://www.facebook.com/groups/170931156876890

Music/Scribal night— First Wednesday of the month - 7:00 -9:00 PM . Private Residence - 5609 NE 42nd Ave, Vancouver, WA 98661 *For questions or to confirm activity*, contact Khanzara (Jennifer) at 360-448-7409

Curia — Baronial Officers

Baron Stromgard — Duncan Vitrarius
Scott Baker - scottbaker64@yahoo.com or stromgard.baron@antir.org or (707) 321-5470
(No Contacts after 9PM— no timer so phone and ipad ping)

Baroness Stromgard — Moira Ramsay
Jamie Baker - jamieleabaker@gmail.com or stromgard.baroness@antir.org - (707) 321-4339
(No Contacts after 9PM)

Seneschal — Ronan Mac an Leagha
John Paul — stromgard.seneschal@antir.org— (503) 929-9435

Seneschal Deputy —

Exchequer — Everild Bayte
Carol Hornby — stromgard.exchequer@antir.org

Exchequer Deputy — Constance Le Clerc
Carmmal Keith — Constance.LeClercSCA@gmail.com

Chamberlain – Alexander Son of Gray
Alexander Grayson — (503) 984 - 7278

Arts & Sciences – Helvi au Gotland
Robin Wright — stromgard.artsnsci@antir.org

Scribe — Tatiana
Jenn Contreres-Perez **—** tatiianasca@gmail.com — (503)754-2561

Chatelaine (Newcomer Contact) — Dagmar Thorfinrsdottir
Stephanie Warren— stromgard.demo@antir.org — (951) 333-1880

Demo Coordinator — Dagmar Thorfinrsdottir
Stephanie Warren— stromgard.demo@antir.org — (951) 333-1880

Gold Key (Loaner Garments) — Kata of House Bread
Breanna Quinones —Breanna_q@live.com — (623) 853-5479

Family Activities Coordinator— Office Open

Chronicler — Ragna In Valska
Patty Black — stromgard.chronicler@antir.com — (360) 241-3968

Web Minister — Helvi au Gotland
Robin Wright — stromgard.webminister@antir.org

Red Trident Pursuivant — Yin Yun 陰雲
Rezin Nelson —Stromgard.herald@antir.org — (971) 209-8692

Knights Marshal — Elrin of Hrassvelg
Scott Arquette — Stromgard.marshal@antir.org — (360) 931-9116

Deputy Knights Marshal— Rayner Ulfgarsson
Colin Warren — colinwarren87@gmail.com

Baronial Fight Practice Marshal-in-Charge — Duncan Vitrarius
Scott Baker—scottbaker64@yahoo.com

Rapier Marshal — Chris Perkins — stromgard.rapier@antir.org

Archery Marshal — Feradach the Beardless
Vern Myers — stromgard.archery[at]antir.org

Thrown Weapons Marshal— Matthias von Schwarzenburg
Bud Clark — stromgard.thrownweapons@antir.org — (360) 369-9172

Lists — Rostislav Nairmontov
Cody Payne — codypaynescout@gmail.com — (360) 904-4777

Contact Us

Give any officer a call or send an email for more information about our group and activities.

Or visit us on the web at: http://stromgard.org

And Facebook at:

Barony of Stromgard, SCA, Inc.

P.O. Box 5548

Vancouver, WA 98668

The following offices are currently open or seeking replacement:

- Chamberlain
- Equestrian Marshal
- Youth Marshal
- Youth and Family Actiivities Coordinator
- Demo Coordinator

Any currently filled office that you are interested in always need deputies.

If interested in an office, come to baronial council or talk to the seneschal

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